

**QUAD-CITIES AREA  
OLDER ADULTS  
COMMUNITY RESOURCES GUIDE**

**Revised May 2019**

**This guide has been compiled by the Senior Peer Program of the  
West Yavapai Guidance Clinic**

**\*\*All phone numbers are in area code (928) unless otherwise  
indicated\*\***

**If you find any inaccuracies in this guide or know of any corrections  
that should be made, please contact us at (928) 445-5211 ext. 2605,  
or email at [l.knowlden@wygc.org](mailto:l.knowlden@wygc.org)**

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### **Adult Care Management and Placement**

AZ Elder Care	639-1583
Care Management Solutions	300-0172
CarePatrol	515-3100
Catholic Charities	778-2531
Golden Years Concierge Services	266-2839
In Your Space Consulting	379-2664
NACOG Area Agency on Aging	877-521-3500
Senior Connection	Seniorconnection.us 778-3747

### **Adult Day Care Services**

Alzheimer's Association	771-9257 ext. 11
Center Adult Day Care (Prescott)	445-6384
Center Adult Day Care (Prescott Valley)	775-3563
Susan J Rheem Adult Day Center (PV)	775-3563

### **Adult Protective Services**

AZ Report Line	877-767-2385
Online Reporting Site	<a href="https://des.az.gov/reporting">https://des.az.gov/reporting</a>

### **Animal Owner Help (Spay/Neuter/Adoption/Food/Cremation)**

Pets-to-Vet	Pets-to-vet.com 848-8516
High Desert Pet Cremation	759-0645
Yavapai Humane Society – Second Chance	771-0547

## Arizona State Resources

Alliance for Retired Americans	480-236-1582
Attorney General's Office	800-352-8431
Center for Disability Law	800-922-1447
Consumer Protection (Attorney General's Office)	800-352-8431
Department of Health Services	602-542-1025
NACOG Area Agency on Aging	928-775-9993
Registrar of Contractors (azroc.gov)	602-542-1525
Self Help Website (determines program eligibility)	Arizonaselfhelp.org
Social Security Admin & SSI	800-772-1213
State Health Insurance Assistance Program	800-432-4040

## Assisted Living Facilities

\*=Accommodates Dementia; @=Accepts LTC

CarePatrol (find the right assisted living)	866-560-5656
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### **Chino Valley**

New Horizons ACH	1045 Chuck Wagon Ln	636-0651
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### **Prescott**

Alta Vista ALF	916 Canterbury Ln	379-7369
American Heritage Senior Living	4872 E Ramada Dr	710-7106
Arizona Pioneer's Home ALF	300 S. McCormick	445-2181
Boulder Gardens@	860 Dougherty	778-9777
Brookdale ALC	211 Bradshaw Dr	777-5511
Circle of Life Alzheimer's Homes*		609-425-6055
Granite Gate Resort Retirement*	3850 N. Hwy 89	771-8664

Highgate Senior Living*	1600 Petroglyph Pointe	541-1400
Hilltop Quail Haven ACH	1951 N. Emerald Dr	717-0039
Kathy's Country Care Home		759-0479
Las Fuentes ALC	1039 Scott Dr	445-9300
Margaret T. Morris Center* @	878 Sunset Dr	445-6633
New Horizons Adult Care Home		775-2087
Peaceful Valley Adult Care Home		717-1514
Pine View AHC*	1115 Dixon Dr	778-3555
Pleasant Valley ACH* @	2955 Pleasant Valley	778-3128
Prescott Manor	533 W. Gurley St	778-7886
Prescott Samaritan Village	1030 Scott Dr	778-2450
Rolling Hills Manor ACH*	1949 Boardwalk Ave	717-4487
Willow Wind Residence@	3191 Aster Dr	443-9999

<b>Prescott Valley</b>		
A Little Bit of Heaven	4443 S. Carla Vista	775-4437
Adam's House (men only)	7697 E. Nightingale Star Ln	772-6301
Aspen Creek Care Home	2968 N. Valley View Dr	772-1344
Glassford Place*	7509 Long Look Dr	379-7325
Golden Leaf Care Home	5400 N Hondo Dr	772-4964
Hidden Oasis ACH*	6081 Dodge Cir	899-3227
New Horizons ACH*	7202 E Long Look Dr	775-2087
New Horizons ACH*	7960 E. Loops Dr	713-4939

North Star ACH*	6530 E. Straford Dr	775-2409
Santa Fe House Care Home*	4988 Cowpoke Rd	759-2539
Shiloh Adult Care	5336 N. Long Rifle Rd	775-5152
Westfield ACH	3225 N. Pleasant View Dr	775-4336

<b>Williamson Valley</b>		
Peaceful Valley ACH*	6336 Pottery Pl	708-0471

### Assistive Devices

Active Forever	800-377-8033
Catholic Charities	778-2531
Hanger Prosthetics and Orthotics	776-0823
Northern AZ Prosthetics – Chino Valley	582-0707

### Blind & Visually Impaired OR Hearing Impaired

American Council of the Blind	800-424-8666
AZ Council of the Blind	602-273-1510
AZ Commission for the Deaf and HOH	Acdhh.org 602-542-3323
AZ/DES/Deaf & Hearing Impaired Services	277-2788
AZ Hearing (Zounds)	227-2476
AZ Relay Service	<a href="mailto:info@azrelay.org">info@azrelay.org</a> 866-259-1768
AZ Talking Book Library	800-255-5578
AZ Telecommunications Equipment Dist. Program (AzTEDP)	866-223-3412
Caption Call – phones for the hearing impaired	877-557-2227
Foundations for Glaucoma Research	800-826-6693
Guide Dog Foundation for the Blind	Guidedog.org 800-548-4337



Hearing Loss Association of Prescott – Jack Clevenger	227-1809
Keeping You Independent (Statewide Services for Blind/Impaired)	775-5857
Macular Degeneration International	800-393-7634
MaxiAids/Resources	800-522-6294
Miracle Ear (inside WalMart of Hwy 69) – free testing	776-0304
National Library Services for the Blind and Physically Challenged	800-424-8567
Prescott Public Library (resources for visual/hearing impairment)	777-1526
Senior Eyecare America	Eyecareamerica.org 800-222-3937
Sun Sounds of AZ (radio for blind/visually impaired)	779-1775
View Finder Low Vision Center	866-924-8755
Vision Care Direct – Discount Vision Program	877-488-8900

**Chair Lifts (for Stairs)**

4 Stair Lifts	4-stair-lifts.com 800-347-8554
Ability Center	Abilitycenter.com 866-405-6806
Acorn Stairlifts	Acornstairlifts.com/us 866-863-6574
AmeriGlide	Ameriglide.com/Stair-Lifts 800-790-1635
Medical Supplies 4 Less	Medical-supplies-4-less.com 800-470-8856
Mobility Pro	515-0006
SpinLife	Spinlife.com 800-850-0335

US Medical Supplies	800-746-5647
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### Churches

<b>Assembly of God</b>	
Springs Church, Mayer	925-3502
Prescott Valley Assembly	759-5722
First Assembly, Prescott	778-1455
Word of Life Assembly, CV	277-4179
Faith Assembly, Dewey	632-7813

<b>B'Rith Shalom Temple</b>	
B'Rith Shalom Temple, Prescott	708-0018

<b>Baha'i</b>	
Prescott	778-2399

<b>Baptist</b>	
First Baptist, Mayer	632-5021
Gateway Baptist, Humboldt	693-2778
Mountain View Southern Baptist, Dewey	632-5787
Church at Glassford Hill, PV	775-4331
First Southern Baptist, PV	772-7218
Open Door Baptist, PV	772-9206
Amazing Grace Independent Baptist, PV	443-8378
First Baptist, Prescott	778-9790
Miller Valley Baptist, Prescott	778-0507
Bible Baptist, CV	636-8465
Missionary Baptist, CV	636-0522

<b>Catholic</b>	
St. Joseph's, Mayer	632-4018
St. Germaine's, PV	772-6350
Sacred Heart, Prescott	445-3141

St. Catherine's, CV	636-4071
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<b>Church of Christ</b>	
East Manley, PV	772-7907
East Rosser, Prescott	776-4035
Willow Creek, Prescott	778-7858
Mt. Vernon, Prescott	445-5190

<b>Episcopal</b>	
St. Luke's, Prescott	778-4499
St. Paul's Anglican, Prescott	778-6018

<b>Evangelical</b>	
Cornerstone Evangelical, Prescott	776-0121

<b>First Church of Christ Scientist</b>	
Prescott	445-1710

<b>Full Gospel</b>	
First United Pentecostal, PV	772-0047
Mile High Worship Center, PV	772-0430
Victory Worship Center, PV	775-3314
Fountain of Life, PV	775-5148
Vineyard Christian Fellowship, PV	772-8477
Hope Chapel, Prescott	771-9296

<b>Jehovah's Witness</b>	
Prescott Valley	772-6952
Prescott	636-4156
Dewey	759-0212

<b>Latter Day Saints</b>	
Spring Valley	632-7119
Prescott Valley	772-9154
Agua Fria Ward, PV	772-1850
Copper Basin Ward	445-3326
Prescott	445-7856
Chino Valley Ward	636-1815

<b>Lutheran</b>	
Mountain of Faith, Cordes Lakes	632-8785
Emmanuel, PV	772-4135
Trinity, PV	772-8845
First Lutheran, Prescott	445-2807
American Evangelical, Prescott	445-4348
Hope Evangelical, CV	626-2796

<b>Methodist</b>	
Prescott	778-1950
PV	772-6366
CV	636-2969

<b>Nazarene</b>	
Prescott	445-1136
PV	775-4389

<b>New Age</b>	
White Mountain Education Association	778-0638

<b>Presbyterian</b>	
Trinity, Prescott	445-4536
Mingus View, PV	775-4606

<b>Protestant/Other</b>	
Common Ground, Prescott	443-1443
Prescott Christian	445-0680
Prescott Valley Christian	772-7364
Dewey Community Christian	632-9429
Mayer Community	632-9533
Spring Valley Church	632-8827
The Heights Church	445-1421
Calvary Chapel, Prescott	778-7642
Church on the Street, Prescott	771-8428

<b>Seventh Day Adventist</b>	
Dewey/Humboldt	632-5182
Prescott	778-0289

<b>Unitarian/Unity</b>	
Center for Spiritual Living	778-1602
Unity Church	445-1850
Granite Peak Unitarian	541-0000
Universalist	778-6672

### **Clothing**

Catholic Charities	778-2531
Coalition for Compassion and Justice: Open Door	445-8382
Good Will (Prescott)	443-7349
Good Will (Prescott Valley)	717-5297
Hope's Attic	772-5007
Prescott United Methodist Church	778-1950
Salvation Army (Chino Valley)	636-5336
Salvation Army (Prescott)	778-0150
Solid Rock Fellowship	778-9790
St. Vincent de Paul (Prescott)	778-4585
Stepping Stones	776-3010

### **Credit Bureaus**

Equifax	<a href="http://www.equifax.com">www.equifax.com</a> 800-685-1111
Experian	<a href="http://www.experian.com">www.experian.com</a> 888-397-3742
TransUnion	<a href="http://www.transunion.com">www.transunion.com</a>

### **Cremation Service Providers**

Cremation Center of AZ	602-358-8494
Cremation Society of Arizona – Yavapai County	350-3333
David’s Desert Chapel Funeral Home, Wickenburg	684-0710
Dignity Memorial	800-343-4464
Ruffner-Wakelin Funeral Homes	445-2221
Sunrise Funeral Home (PV)	772-7475

### **Dental Services/Dentures**

Advanced Dental and Denture Center, Prescott	778-0970
Aspen Dental, PV	857-2103
Dentures Direct Solutions, Prescott	777-0307
Distinctive Dental Care, Prescott	445-3181
Horizon Dental Group, CV	642-9005
Mihara Dental Lab, Prescott	778-2851
Ponderosa Dental Lab Service, Prescott	778-9670
Sunwest Dental Center, PV	772-4433
Thumb Butte Dental Lab, Prescott	443-5724
Windsong Dental Arts, PV	775-5276
Yavapai County Health Referrals	5823-1000

### **Diabetic Foot Care**

Brad L. Hayman, DPM	776-9428
Joseph Knochel, DPM	445-1541
Scott Price, DPM	772-5916

### **Diabetic Supplies**

Edward Health Care Services	888-344-3434
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### **Diabetic Supply Providers**

Arriva Medical	800-700-4442
Diabetic Supplies, Inc.	800-231-3214

### **Driving Evaluations**

DrivAble Solutions (Phoenix)	602-840-2323
Driving to Independence (Tempe)	480-449-3331

### **Education Opportunities**

Yavapai College (Center for Successful Aging Classes)	445-7300
Osher Life Long Learning Institute (OLLI)	717-7634

### **Elder Law**

Legal Advocacy – NACOG	877-521-3500
Arizona Elder Care	638-1583 201 N. Montezuma, Suite 216
Chester McLaughlin Elder Law	443-9934
Jackson White Elder Law Services	800-243-1160
NACOG Area Agency on Aging	775-9993

### **Emergency/Disaster Assistance**

American Red Cross	445-4981
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### **Entertainment**

Be Moved Dance	208-310-9913
Choice Magazine Listening	888-724-6423
Sun Sounds of Arizona (radio station for blind/visually impaired)	779-1775

### **Estate Planning, Living Trusts, ALTCS**

Arizona Elder Care	<a href="http://www.ArizonaEldercare.com">www.ArizonaEldercare.com</a> 639-1583
Chester B. McLaughlin Law Offices	443-9934
Inman Law (Chris Inman)	445-1514
Jackson White Elder Law Services	800-243-1160
Walker & Walker	445-1911

### **Equine Assisted Psychotherapy and Trauma Resolution**

Bethany's Gait Ranch for Heroes	499-9422
Horses Help! Phoenix	602-569-6056
Wind Horse Wellness, CV	310-8403

### **Fiduciaries**

Public Fiduciary	771-3153
Arizona Elder Care	445-6000
Carla M. Jones	778-7885
Deborah A. Dellisanti	636-5404
Lisa R. Drutz	778-7983
Melissa T. Liebe	636-2699



**Finances – Help Straightening Them Out**

Personal Finances Simplified (Rebecca Davis \$55/hr)	759-9018
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**Fire and Home Safety**

People Who Care (home safety inspections)	445-2480
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**Food Banks/Food Boxes**

Adult Center of Prescott	778-3000
CASA Prescott Valley	772-3337
Chino Valley Food Bank	636-8478
Coalition for Compassion and Justice: Open Door	445-8382
Community Cupboard (Catholic Charities)	778-4622
Dewey/Humboldt Activity Center	888-653-9337
First Baptist Church (Prescott)	870-887-6696
Mayer Food Bank	632-7511
Paulden Food Bank	499-5240
Prescott Valley Food Bank	772-4490
Salvation Army (Chino Valley)	636-5336
Salvation Army (Prescott)	778-0150
Seventh Day Adventist Church (Prescott)	778-0289
St. Vincent de Paul (Prescott)	778-4585
St. Vincent de Paul (Prescott Valley)	899-8889
United Methodist Church (Prescott)	778-1950
Yavapai Food Bank (Prescott Valley)	775-5255

**Group Homes That Take ALTCS**

Adam’s House (men only)	7697 E Nightingale Star Ln, PV	772-6301
North Star ACH	6530 E. Straford Dr, PV	772-2409
Westfield ACH	3225 N. Pleasant View Dr, PV	775-4336

**Hearing Aids and Glasses (Affordable) – Lion’s Club**

Lions Sight and Hearing Foundation, Phoenix	602-954-1723
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**Home Delivered Meals**

As You Wish (personal chef service)	772-7639
Diane Burns, LPN (personal chef)	445-2539
Magic Kitchen (Breakfast, Lunch, Dinner)	877-516-2442
Meals-On-Wheels Mayer to Cordes Lakes	632-7511
Meals-On-Wheels Prescott (Lunch Mon-Fri)	445-7630
Meals-On-Wheels Prescott Valley (CASA)	772-3337
Meals-On-Wheels Chino Valley (Senior Center)	636-9114
NACOG Area Agency on Aging	775-9993
Schwan’s (Breakfast, Lunch, Dinner) *AARP Discounts	888-724-9267

**Home Care, Personal/Companion/Attendant/Respite Care Services**

Ability360	277-0364
Abrio Family Services (non-medical)	772-8866
Accent Care, Inc. (non-medical) (Dewey)	632-5219
AIRES (for people with disabilities)	772-6539
Altius Health Care	708-0025
Angel’s Care Home Health	775-6811
Angels on Duty (PV) (non-medical)	759-7145
Bavada Home Health	759-5900
Care Patrol (find the right assisted living)	515-3100
Caring Presence (non-medical/housekeeping)	771-0701
CASA (free service)	772-3337
Catholic Charities	778-2531
Clean-N-Bright (all surface floor care and upholstery clng)	778-2343
Comfort Keepers (non-medical) (PV)	541-0888
Good Samaritan Legacy Home Health Care	443-9331

Helping Hands Home Care (non-medical)	717-1776
High Desert Delivery (medical transport)	775-6284
Home Care Assistance – 24 hr	771-0105
Home Instead (non-medical)	708-9960
Kathy’s Country Care (meds setup attendant care, companion)	759-0479
Kindred at Home Care & Kindred Hospice	445-2522
Metro Care Services	metrocareAZ.com 759-2778
Margaret T. Morris Center (home care)	445-6633
NACOG Area Agency on Aging	775-9993
Nurses Network – Home Health	772-8707
Nurses Network – Private Duty	772-3204
People First	759-7167
People Who Care – Chino Valley	636-3295
People Who Care – Prescott Valley	925-3066
People Who Care – Prescott	445-2480
Rescare Home Care (non-medical)	275-6722
Right at Home (non-medical)	careNAZ.com 515-2445
Synergy Home Care (non-medical)	515-3318
Visiting Angels Living Assistance Services	710-6567
Yavapai County In-Home Services (for veterans)	771-3538

### **Home Repair Assistance**

Coalition for Compassion and Justice	445-8382
Energy Savings Full Service Heating & Cooling	445-8402
NACOG Rehabilitation	774-1895
People Who Care (minor repairs)	445-2480
Yavapai County Contractors Association	778-0040

### **Hospice (General)**

Hospice Foundation of America	800-854-3402
National Hospice Palliative Care Org.	800-658-8898

### **Hospice (Local)**

Aviant Hospice, Cottonwood	634-1073
Compassus	775-0103
Good Samaritan Society Hospice	778-5655
Hospice Family Care	541-1740
Hospice of the Pines	632-0111
Kindred Hospice	445-2522
Maggie's Hospice and Palliative Care	775-2290
Northern Arizona Hospice, Cottonwood	639-6676

### **Housecleaning**

Maid to Order	899-8518
Merry Maids	227-1673
Trish's Home Cleaning	830-3041

### **Housing/Apartments**

Caring Transitions (Housing transition services)	220-8021
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Accessible Home Design	11470 E. Turquoise Circle, Dewey	632-3906
Antelope Valley Apartments	1555 S. Hwy 89, CV	636-5979
Boulder Gardens	860 Dougherty, Prescott	778-9777
Bradshaw Senior Community	133 Bradshaw Dr, Prescott	541-1900

Canyon Run Senior Village	701 White Spar Rd, Prescott	445-8963
Canyon Retreat Mobile Home Park	2375 Valentine Dr, Prescott	445-3820
Carleton Terrace	315 E. Carleton, Prescott	717-1607
Casa de Pinos	117 Cory Ave, Prescott	445-1470
Good Samaritan Apartments	1030 Scott Dr, Prescott	778-2450
Granite Creek Apartments	160 N. Hwy 89, Chino Valley	636-1331
Lakeview Apartments	5133 Bradshaw Dr, Prescott	776-1825
Lynx Creek Apartments	3241 N. Majesty Dr, PV	775-4149
Navapai Apartments	880 E. Yavapai Rd, PV	772-8213
Paramount Apartments	135 Montezuma St, Prescott	445-0649
Prescott Valley Plaza	3250 N. Majesty, PV	772-4441
Spring Valley Manor	14005 S. Spring Ln, Mayer	632-1456
Sungate Villa Senior Community	3850 N. Civic Dr NE, PV	759-7077
The Pines at Prescott	1053 Sandretto Dr, Prescott	445-8699
Valley View Apartments	3701 N. Windsong, PV	759-0100
Village Apartments	320 S. Cortez, Prescott	443-1199
Village Tower	1075 Ruth St, Prescott	778-3302
Willow Ridge Apartments	1205 Sandretto, Prescott	445-6646
Windsong Villas	3386 N. Windsong Dr, PV	775-9960
Woodlands Apts of Prescott	824 W. Gurley, Prescott	445-5090
Yavapai Village Apartments	3200 N. Navajo Dr, PV	772-0355

**Housing for Memory/Wandering Dementia**

@=Accepts LTC

Glassford Place	7509 Long Look Dr, PV	379-7325
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Highgate Memory Unit	1600 Petroglyph Pointe, Prescott	541-1400
Margaret T. Morris Center@	878 Sunset, Prescott	445-6633
New Horizons ACH	1045 Chuckwagon Ln, CV	636-0651
New Horizons ACH	7202 E. Long Look, PV	775-2087
New Horizons ACH	7960 E. Loos Dr, PV	713-4939
North Star ACH@	6350 E. Straford Dr, PV	775-2409
Peaceful Valley ACH	6336 Pottery Place, WV	717-1514
Pine View ACH	1115 Dixon Dr, Prescott	778-3555
Pleasant Valley ACH@	2955 Pleasant Valley, Prescott	778-3128
Prescott Valley Samaritan		775-0045
Rolling Hills Manor ACH	1949 Boardwalk Ave, Prescott	717-4487
Santa Fe House Care Home@	4988 Cowpoke Rd, PV	759-2539

### **Housing – Low Income**

NACOG AAA		877-521-3500 775-9993
Bradshaw Sr Apartments	123 Bradshaw Dr Prescott, AZ	541-9467
Casa de Pinos	117 Corey Ave Prescott, AZ	445-1470
CCCs	1215 Gail Gardner Way Suite B Prescott, AZ	800-308-2227
Good Samaritan Village Towers	1075 Ruth St Prescott, AZ 86301	778-3302
Sungate Villa Senior Housing	3850 N Civic Dr Prescott Valley, AZ	759-7077
Valley View Apartments	3883 N Windsong Dr Prescott Valley, AZ	759-0100

Antelope Valley Apartments	1555 S Highway 89 Chino Valley, AZ	602-200-5660
Spring Valley Manor	14001 S Spring Ln Mayer, AZ	632-1456

### **HUD Housing**

Section 202 for Seniors	800-569-4287
Eligibility	866-890-0177

### **Incontinence Supplies (Inexpensive/Home Delivered)**

Ave Maria	772-8674
Comfort Plus, Inc. (delivery)	888-656-8055
People Who Care – Chino Valley	636-3295

### **Independent Living Help**

Centers for Independent Living (CILs)	602-262-2900
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### **Independent Living Rehabilitation Services (ILRS)**

Ability 360 (West Phoenix)	602-424-4100
Ability 360 (East Phoenix)	602-256-2245
Ability 360 (Central Phoenix)	602-296-0551
Ability 360 (Mesa)	480-655-9750
New Horizons Independent Living Center	772-1266

### **Language Translation**

Language Link	<a href="mailto:info@ctslanguagelink.com">info@ctslanguagelink.com</a> 866-610-1338
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### Legal Services

Community Legal Services	148 N. Summit, Prescott	445-9240
NACOG Area Agency on Aging		775-9993
Veteran's Legal Services		458-6302

### Libraries

Chino Valley Library	636-2687
Cordes Lakes Library	632-5492
Dewey/Humboldt Library	632-5049
Mayer Library	632-7370
Prescott Library	777-1500
Prescott Valley Library	759-3040

### Life Alert System Providers

Alarm Connection	445-1609
Alert One (\$79.85/3 months; no set-up fee)	866-627-7049
American Medical Alarms (\$29.95/month)	800-542-0438
Guardian Alert (1x purchase, no monthly fee)	800-519-2419
GreatCall Splash – 5 Star (\$49.99 setup plus monthly fee)	1-800-733-6632
Life Alert (\$29.95/month)	800-338-9090
Lifeline	445-3814
MedScope (\$35/month; no setup fee)	800-645-2060
NACOG Area Agency on Aging Carenect	775-9993
Neighbor to Neighbor	775-6145
People Who Care – Chino Valley (\$75 refundable set up)	636-3295
People Who Care – Prescott	445-2480



(\$75 refundable set up)	
Phillip's Lifeline (\$90 setup; \$50/month)	800-543-3546
Rescue Alert (\$239.40/year)	800-688-9576
Senior Safety (\$22.95/month)	888-473-2800
VRI Valued Relationships, Inc. (\$14.95/month)	888-526-1456
Walgreens – Ready Response (\$34.95/month)	866-310-9061

### **Long Distance Caregiving**

Caring From Afar	Caringfromafar.com
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### **Low Income Programs**

APS	800-253-9405
UniSource	877-837-4968

### **Lymphatic Treatment and Massage**

Donna Hannah, OT	YRMC	771-5131
Natural Healing Garden Wellness Center	1745 Rustic Timbers Ln	237-4116

### **Medicare**

Fraud or Abuse Hotline	800-447-8477
Information Hotline	800-633-4277
NACOG Area Agency on Aging	775-9993

### Medical Marijuana Dispensary

SWC Prescott	778-5900
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### Medical Screenings

Prescott Health Clinic	717-0724
YRMC Quick Draw Lab	855-282-5227
Well Women Health Check	583-1000
Yavapai County Community Health Services	583-1000

### Medical Supplies and Equipment

Active Forever, Prescott	800-377-8033
All Care Respiratory Services, PV	775-2202
Alliance Home Care, Prescott	717-1560
American Medical Direct	443-9690
Apria Healthcare, Prescott	888-492-7742
Catholic Charities	778-2531
Caption Call	1-877-557-2227
Goodwin St Medical Supply, Prescott	541-1825
Liberator Medical Supplies (Ostomy and Catheter)	888-244-0789
Lifecare Solutions, Prescott	759-7255
MedicAlert (bracelet and necklaces)	800-432-5378
Mobility Store, LLC	541-0120
People Who Care, Chino Valley	636-3295
Preferred Homecare, PV	445-0477
St. Vincent de Paul – Mayer	632-9521
St. Vincent de Paul – Prescott	778-4585
Salvation Army – Chino Valley	636-5336
Salvation Army – Prescott	778-0150
Stepping Stones, PV	772-4184
Symbius Medical	623-780-8686
Walgreens – Prescott	227-9965 OR 776-1939

Walgreens – PV	772-4938
WalMart – Prescott	445-1113 OR 541-0071
WalMart – PV	499-3136

### **Medication Help**

Aging, Medicines, & Alcohol	800-662-4357
ALTCS/AHCCCS	778-3968
AARP	888-687-2277
Benefits Check Up AZ (free)	800-432-4040
Catholic Charities	778-2531
NACOG Area Agency on Aging Benefit Check Up	775-9993
Open Door	445-8382
Partnership for Prescription Assistance	888-477-2669
WalMart Pharmacy – Gail Gardner	541-0562
WalMart Pharmacy – Hwy 69	445-3020
Yavapai County Health Services	583-1000

### **Men’s Health**

Prescott Men’s Health Center	541-7520
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### **Memoir Writing**

Pen and Key	480-280-1785
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### **Mental Health**

Catholic Charities	778-2531
Community Health Center	583-1000
Granite Mountain Psychological Society	Prescottmentalhealth.org
Haven Senior Horizons (Phoenix)	623-236-2000

National Alliance on Mental Illness (NAMI)	800-950-6264
Southwest Behavioral Health (Prescott)	717-1800
Southwest Behavioral Health (PV)	772-1610
Wagner and Associates	445-5027
West Yavapai Guidance Clinic	445-5211

### **Mesothelioma Center**

Mesothelioma Center	<a href="http://www.asbestos.com/mesothelioma">www.asbestos.com/mesothelioma</a> 844-324-3830
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### **Mobile Hair, Manicures, Pedicures**

A Borgata (Jan)	443-9119
Cutters Four (Lisa Brown)	442-3100
Drop-In Hair Stylist of Chino Valley (Janet)	533-4980
Gale Markham	713-6613
Nails by Georgie	848-3707

### **Mobile Public Notaries**

Anne Kankaanpaa	925-8712
Debra Watson	925-9999
Dennis Burks	776-8100
In Your Space Consulting	379-2664
Patricia Larson	830-4130

### **Mobility**

Active Forever	800-377-8033
All Electric Scooters	800-787-1752
American Wheelchairs, Inc.	800-449-8991
Hoveround	800-542-7236
Mobility Pro	515-0006
Specialty Medical	800-380-8539
US Medical Supply	800-790-4792

1-800-Wheelchair	800-320-7140
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**Mortgage Advice**

Wallick & Volk	445-8730 Contact: Malissa Lane
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**Mortuaries/Other Arrangements**

Chino Valley Funeral Home	636-8225
Cremation Society of AZ	350-3333
David's Desert Chapel Funeral Home, Wickenburg	684-0710
Five Wishes	Agingwithdignity.com 850-681-2010
Hampton Funeral Home	778-4400
Heritage Memorial Mortuary	445-1881
Neptune Society	480-785-7000
Research for Life	800-229-3244
Ruffner-Wakelin Funeral Homes	445-2221
Sunrise Funeral Home	772-7475

**Naturopathic MDs**

Cheryl Hamilton, NMD	1237 Rhinestone Dr, Prescott	515-2363
Lois Eaton, NMD	1058 Fair St #B, Prescott	778-2882
Prescott Naturopathic Medical Group	810 W. Gurley, Prescott	445-1999
Robert Milisen	641 Division Dr, Prescott	772-2600

**Notary**

Debra Watson	925-9999
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### **Organ and Tissue Donation**

Anatomic Gift Foundation	800-300-5433
Donate Life Arizona	800-943-6667
International Institute for the Advancement of Medicine	800-486-4426
Lifelegacy Foundation	888-774-4438
Research for Life	800-229-3244
U of AZ Health Sciences Center	602-827-2062

### **Ostomy Supplies (Free/Low Cost)**

ConvaTec	800-422-8811
Liberator Medical Supplies	855-399-7980
People Who Care – Chino Valley	636-3295

### **Outpatient Physical Therapy**

Advanced Care Physical Therapy, CV	636-8521
Backway's Physical Therapy, Prescott	777-8050
Canyon PT and Aquatic Rehab, PV	772-9797
Center for Physical Excellence, Prescott	442-0005
Desert Rehab Physical Therapy, CV	636-7950
Madsen Physical Therapy, PV	775-9500
Mountain Valley Regional Rehab, PV	759-8800
Pendleton Center at YRMC, Prescott	771-5794
Peterson Physical Therapy, Prescott	771-2977
Tipton Physical Therapy, PV	775-9999

### **Pain Management**

Alan Walters, MD	804 Ainsworth #103, Prescott	771-1011
Acupuncture Center of Prescott	1559 W. Gurley	445-0141
Bennett Clinic (Prescott)		771-9400

Bennett Clinic (PV)		772-7200
Bowen Therapy Clinic	143 N. McCormick #101, Prescott	443-0043
Eric Baumann, MD	2100 Center Point Dr, Prescott	717-0788
Harold Gutgsell, MD	Prescott	708-9788
Integrative Pain Center	3675 Crossings Dr, Prescott	458-7343
Jeanie Nugent, DC	1027 Fair St #D, Prescott	445-2652
Kindred at Home Care and Hospice	Prescott	445-2522
Partners in Health Care Naturally	343 S. Montezuma, Prescott	445-2900
Prescott Preferred Chiropractic		778-7996
SAGE Healing Center	220 W. Goodwin St #10, Prescott	458-6748
Terry Bagley, MD	3700 N. Windsong, PV	772-6951
Tipton Physical Therapy	8400 E. Florentine, PV	775-9999
Tomar Pain Centers	1055 Iron Springs Rd #101, Prescott	771-2700

### **Palliative Care**

Yavapai Regional Medical Center	775-5567
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### **Paralegal Services**

AZ Paralegal Service, Prescott	899-7639
Jerry B. Thomas	636-7172
Menlove Law (Lori Kort)	772-5494
Paper Trail (Vicky Bell)	533-3221
Stevens Paralegal Service	443-0834

### Pet Grooming

Belinda's Pet Grooming, PV	237-3068
Blue Collar Dog Shoppe, Dewey	632-7500
Chino Valley Animal Hospital	636-4382
Goin' to the Dogs and Cats, Paulden	636-7402
Kennel Kamp Village, PV	759-8181
PetSmart Grooming, Prescott	776-9636
Three Angels Dog Grooming, CV	626-1071
Visiting Vet, Mobile Vet Service	778-7657

### Pharmacies

<b>Chino Valley</b>	
Safeway	636-8425
Walgreens	636-2986

<b>Cordes Lakes/Mayer</b>	
Spring Valley Pharmacy	632-4080

<b>Prescott</b>	
Costco	541-2218
CVS	442-0312
Fry's – Fair Street	778-6887
Fry's – Willow Creek	778-3181
Safeway – Willow Creek	443-0300
Safeway – White Spar	778-3098
Southern Desert Pharmacy	778-5928
Walgreens – Sheldon	776-1936
Walgreens – Willow Creek	227-9965
WalMart – Gail Gardner	541-0562
WalMart – Hwy 69	445-3020

<b>Prescott Valley</b>	
CVS	772-1613



Fry's	445-0607
Safeway	772-7673
Sam's Club	778-0364
Walgreens	772-4938
WalMart	499-3478

### **Public/Government Services**

Better Business Bureau	772-3410
Call for Action (consumer help)	866-260-1212
Community Legal Services	445-9240
Disabilities Hotline	800-514-0301
Disability License Plates	800-251-5866
Elder Care Locator	800-677-1116
ID Theft: FTC	<a href="http://www.FTC.gov/idtheft">www.FTC.gov/idtheft</a> 877-438-4338
National Institute on Aging	800-222-2225
National Institute on Mental Health	866-615-6464
National Suicide Prevention Crisis Line	800-237-8255
Social Security Admin & SSI	800-773-1213

### **Rehabilitation Hospitals & Vocational Training**

AZ/DES/Vocational Rehab	602-542-3332
Mountain Valley Regional Rehab Hospital	759-1266
NACOG	778-1895

### **Respite Care**

Glassford Place	7509 Long Look Dr, PV	379-7325
Good Samaritan – Willow Wind	3191 Aster Dr, Prescott	443-9999
New Horizons ACH	1045 Chuckwagon Ln, CV	636-0651
New Horizons ACH	7202 E. Long Look Dr, PV	775-2087
New Horizons ACH	7960 E. Loos Dr, PV	713-4939
Peaceful Valley ACH	6336 Pottery Pl, WV	717-1514

Prescott Nursing and Rehab	864 Dougherty, Prescott	778-9667
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### **Reverse Mortgage Information**

Call your bank or financial institution	
Liberty Home Equity Solutions	800-218-1415
iReverse Home Loans	800-486-8786 ext. 734

### **Senior Centers**

Chino Valley	636-9114
Dewey/Humboldt	632-0699
Mayer	632-7511
Prescott	778-3000
Prescott Valley	772-3337

### **Senior Peer Program**

Senior Peer Program	445-5211 ext. 2672
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### **Service and Therapy Animals**

Canine Companions for Independence	800-572-2275
Companion Animal Association of AZ	602-258-3306
Dandy Dawgs Therapy Dogs	778-2033
Happy Tails Service Dogs	623-580-0946

### **Service Organizations**

BPOE Chino Valley Elks	642-2626
BPOE Prescott Elks	772-8660
Free and Accepted Masons	445-1412
Kiwanis Club of Prescott	445-8700

Fraternal Order of Eagles	778-6688
Prescott Noon Lions Club	443-1835

### **Skilled Nursing Facilities**

Granite Creek Health and Rehab	1045 Scott Dr, Prescott	778-9603
Margaret T. Morris Alzheimer's Unit	878 Sunset Dr, Prescott	445-6633
Mountain View Manor	1045 Sandretto Dr, Prescott	778-4837
Prescott Nursing and Rehab	864 Dougherty, Prescott	778-9667
Prescott Samaritan Village	1030 Scott Dr, Prescott	778-2450
Prescott Valley Samaritan	3380 N. Windsong, PV	775-0045

### **Sleep Disorder Clinics**

Sleep Disorder Center of Prescott Valley	772-6422
Arizona Grand Medical	772-8041

### **Social Services**

ALTCS/AHCCCS	855-432-7587
Fraudulent Emails	<a href="http://www.ftc.gov">www.ftc.gov</a>
Medicare Cost Sharing (Prescott)	855-432-7587
Poison Control Hotline	800-222-1222
Stop Telemarketing Calls	<a href="http://www.donotcall.gov">www.donotcall.gov</a> 888-382-1222
Stop Mail Solicitors	<a href="http://www.the-dma.org">www.the-dma.org</a> 212-768-7277
Stop Credit Card Offers	888-567-8688

## Support Groups

<b>Aging</b>	
AARP	888-687-2277
NACOG	877-521-3500
Governor's Advisory Council on Aging	602-542-4710
National Council on Aging	800-424-9046
National Institute on Aging	800-222-2225

<b>AIDS/HIV</b>	
Northland Cares – Prescott	888-405-2437 OR 776-4612
Yavapai County Health Services	877-273-1949

<b>Alcohol</b>	
Alcoholics Anonymous	800-344-2666
AA – Prescott	445-8691
Alcohol & Drug National Help Line	800-729-6686
American Council on Alcoholism	800-527-5344
National Council on Alcoholism	800-622-2255

<b>ALS Lou Gehrig's Disease</b>	
ALSA Arizona Chapter	866-350-2572

<b>Alzheimer's</b>	
Alzheimer's Association	771-9257 OR 800-272-3900
Day Care in Prescott Valley	775-3563

<b>Breathing/COPD</b>	
Tobacco Quitline and Support	800-586-4872

<b>Cancer</b>	
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Leukemia	800-955-4572 OR 800-568-1372
American Cancer Society	800-227-2345

<b>Caregivers</b>	
AZ Caregiver Resource Line	888-737-7494
NACOG Area Agencies on Aging	877-521-3500
Azcaregiver.org	
AZLINKS.gov	
Caregiverstress.com	
Agenet.com	

<b>Chronic Pain</b>	
American Chronic Pain Association	Theacpa.org 916-632-0922

<b>Diabetes</b>	
Rita Carey (Prescott)	771-5794
PV	759-5920
American Diabetes Association	800-342-2383
Diabetes.org	

<b>Fibromyalgia</b>	
National Fibromyalgia Network	772-1266
Fmnetnews.com	
New Horizons	515-2529

<b>Grief and Bereavement</b>	
Good Samaritan	778-5655
Kindred Hospice	445-2522
Ruffner-Wakelin Funeral Home	445-2221

<b>Heart Disease</b>
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American Heart Association	Americanheart.org 800-242-8721
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<b>Incontinence</b>	
National Association for Continence	800-252-3337
The Simon Foundation for Continence	800-237-4666

<b>LGBTQ Resources and Support</b>	
Gyccinfo@gmail.com	

<b>Literacy</b>	
Prescott Valley Public Library	759-3049

<b>Multiple Sclerosis</b>	
National Multiple Sclerosis Society	800-344-4867

<b>Osteoporosis</b>	
Nof.org	
National Osteoporosis Foundation	800-231-4222

<b>Ostomy Support</b>	
Lion's Club	533-2215

<b>Parkinson's</b>	
YRMC's Community Outreach Dpt	771-5738
Parkinson's Disease Support Group	778-2242
New Horizons	515-2529

<b>Rare Disorders</b>	
National Organization for Rare Disorders	203-744-0100

<b>Senior Men's Group</b>	
Senior Peer Program	445-5211 ext. 2605

<b>Senior Women's Groups</b>	
Women of Wisdom (Senior Peer)	445-5211 ext. 2605
Warm Line	443-5800
Lutheran Women of Wisdom	445-43348
Women's Health	800-994-9662
Prescott Area Women's Shelter	Prescottcommunityshelter.org 778-5933

<b>Spinal Cord Injuries</b>	
Arizona Spinal Cord Injuries Association	602-507-4209
Mountain Valley Rehabilitation Hospital	759-8800

<b>Stroke</b>	
Stroke Help Line	800-787-6537
American Stroke Association	888-478-7653

<b>Suicide Grief</b>	
La Frontera Empact Suicide Prevention Center	480-784-1514 ext. 1108
Bereavement Meeting – Heights Church	445-1421
Bereavement Meeting – First Church of the Nazarene	445-1136

<b>Traumatic Brain Injury</b>	
Survivors of Traumatic Brain Injury	776-7885
TBI Support Group for Teens and Parents	776-4615
Brain Injury Support Group	772-1266
New Horizons	515-2529

<b>Yavapai Re-Entry Program for Ex-Prisoners</b>
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Yavapai Re-Entry Program for Ex-Prisoners	<a href="http://yavapairentryproject.org">http://yavapairentryproject.org</a> 708-0100
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<b>Warm Line for Mental Health Recovery</b>	
Arizona	602-347-1100
520-622-6000	
888-404-5530	
Warmline.org	

### **Taxes – Free Help**

AARP	<a href="http://www.aarp.org/taxaide">www.aarp.org/taxaide</a> 888-227-7669
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### **Transportation**

\* = Wheelchair Accessible

AAA Taxi	708-0800
Medical Transportation Brokerage of Arizona (MBTA)	888-700-6822
All City (Kokopelli) Cab Service*	777-7777
Gentle Care	428-1899
High Desert Delivery*	775-6284
New Horizons Independent Living Center (accepts vouchers)*	775-8870
People Who Care – Chino Valley	636-3295
People Who Care – Prescott Valley	925-3066
People Who Care – Prescott	445-2480
Prescott Dial-a-Ride (accepts vouchers)*	776-7433
Salvation Army	778-0150
Servant’s Heart – Prescott Valley	777-5512
Yavapai Regional Transit*	Yavapairegionaltransit.com 636-3602



### Utilities Assistance

Catholic Charities	778-2531
NACOG	308-2988
St. Vincent de Paul – Chino Valley	899-2030
St. Vincent de Paul – Mayer	632-7722
St. Vincent de Paul – Prescott	778-4584
St. Vincent de Paul – Prescott Valley	899-8889
Salvation Army	778-0150

### Veteran’s Services (VA: 800-827-1000)

American Legion Post 40	636-2020
Audiology	445-4860 ext. 6150
Blinded Veteran’s Association	<a href="mailto:vba@bva.org">vba@bva.org</a> 800-669-7079
CHAMPVA	800-733-8387
Claims – Help with filing	800-827-1000 OR 776-6064
Clinics/Medical Center – Prescott	445-4860
Clinics/Medical Center - Vet Medical Center	778-3469
Crisis Hotline	800-273-8255 ext. 1
Healthcare Benefits	877-222-8387 OR 717-7514
Hospice	445-4860 ext. 6593
Insurance Center	800-669-8477
National Memorial Cemeteries	888-952-4700
National Center for PTSD	Ncptsd.va.gov 802-296-6300
Returning Combat Veteran Services	445-4860 ext. 6308
Social Work Services (Prescott)	445-4860 ext. 6077
State Veteran’s Home	602-248-1550
U.S. Vets – Prescott (housing/utility help)	583-7679
U.S. Vets – Prescott Freedom House	445-4860 ext. 5288
Vet Center (3180 Stillwater)	778-3469
VFW Post 541 (202 N. Arizona St)	776-1125
Wounded Warrior Project	877-832-6997

### **Yard Work/Landscaping**

Bob's Landscaping	778-7100
Helping Hands Ministries	277-4455
RE & Sons Yard Maintenance	533-7425
Vincente Landscaping	636-1601
Yavapai County Contractors Association	778-0040

### **YARNELL AND SURROUNDING AREA RESOURCES**

Yarnell Community Center	427-6347
NACOG	877-521-3500
Congregate Meals (Adult Center)	427-6347
Food Bank/Clothing – Yarnell Community Church	427-3421
Food Bank/Clothing – St. Mary's Mission	231-7313
Yarnell Assembly of God	602-577-5167
Lighthouse Bible Church	427-3349
Wilhoit Southern Baptist Church	442-9505
LDS Church	442-3458
Good Shepherd of the Desert Catholic Church, Congress	427-6328
First Baptist Church, Congress	427-6211
Grace Bible Church, Congress	427-0309
David's Desert Chapel Funeral Home, Wickenburg	684-0710